



**Wake Up Schools/Dharma Teachers Sangha of North America**

**Application for 2019 Level II Training  
for North American Educators**

**To apply, please download, fill out electronically, and send this form as an attachment by June 30th to [applications@wakeupschools.org](mailto:applications@wakeupschools.org) accompanied by:**

- The name and phone number of your Sangha contact person as a reference for you.
- One letter from a school or university administrator or program supervisor recommending your participation in the Wake Up Schools Level II Program.
- One letter from a professional colleague recommending your participation in the Wake Up Schools Level II Program.

**Name:**

**Position:**

**School:**

**Email:**

**Phone:**

**Address:**

**Location and date of Educators Retreat or Wake Up Schools Training attended:**

**Locations and dates of other retreats in the Plum Village tradition attended:**

**Location and date Five Mindfulness Trainings received:**

**Name and location of the Plum Village tradition Sangha you currently practice with:**

**Length of time you have practiced with this Sangha:**

**Length of time you have practiced with other Plum Village tradition Sanghas:**

**Prior experience with Skype , Google Hangouts , Zoom (Not a requirement)**

**Mini bio** (Please provide a brief biography of your experience as an educator and any previous experiences of sharing mindfulness. 200 words maximum):

**Setting** (Please provide a brief description of the population with whom and the setting where you plan to share mindfulness. 200 words maximum):

**Statement** (Please provide a brief statement of how you plan to share Plum Village practices with students and/or other educators. 200 words maximum):

If selected to participate in Level II training, I commit to participate in at least nine one-hour group or individual meetings with my mentor and to try to participate in at least one mentor/mentee group meeting.

Upon completion of these requirements, prior to receiving a Certificate of Commitment from Wake Up Schools, I will submit:

- A letter about my Level II training experience
- Two letters from students and/or educators who have benefitted from my mindfulness teaching
- A letter from my lay Dharma Teacher mentor

