



Wake Up Schools/Dharma Teachers Sangha of North America

**Application for 2023 Level II Training
for North American Educators**

To apply, please download, fill out electronically, and send this form as an attachment by December 15th to applications@wakeupschools.org accompanied by:

- The name and phone number of **your Sangha contact person** as a reference for you.
- One letter from a school or university administrator or program supervisor **recommending your participation in the Wake Up Schools Level II Program.**
- One letter from a professional colleague **recommending your participation in the Wake Up Schools Level II Program.**

Name:

Position:

School:

Email:

Phone:

Address:

Location and date of in-person Educators Retreat, Wake Up Schools Training, or five-day Plum Village tradition retreat attended:

Locations and dates of other retreats in the Plum Village tradition attended:

Location and date Five Mindfulness Trainings received

Name and location of the Plum Village tradition Sangha you currently practice with:

Length of time you have practiced regularly with this Sangha:

Length of time you have practiced with other Plum Village tradition Sanghas:

Prior experience with Skype (yes/no), Google Hangouts (yes/no), Zoom (yes/no) (Not a requirement)

Mini bio (Please provide a brief biography of your experience as an educator and any previous experiences of sharing mindfulness. 200 words maximum):

Setting (Please provide a brief description of the population with whom and the setting where you plan to share mindfulness. 200 words maximum):

Statement (Please provide a brief statement of how you plan to share Plum Village practices with students and/or other educators. 200 words maximum):

If selected to participate in Level II training, I commit to participate in at least nine one-hour group meetings with my mentor(s).

Upon completion of these requirements, prior to receiving a Certificate of Commitment from Wake Up Schools, I will submit:

- A letter about my Level II training experience
- Two letters from students and/or educators who have benefitted from my mindfulness teaching
- A letter from each of my mentors

